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Dr. James O'Donahue Attends Symposium on Whiplash

GREENVILLE, NC, March 16, 2009—Dr. James O'Donahue of Brone •O'Donahue Chiropractic attended a Symposium on Whiplash Injuries on Saturday, March 14 and Sunday, March 15 in Greensboro, NC. The Chiropractic Network of the Carolinas hosted the event.

Dr. Arthur Croft was the speaker at the symposium. Dr. Croft, director of the Spine Research Institute of San Diego, has been engaged in whiplash research for the past 18 years. He is the original developer of the widely used whiplash grading system (WAD), as well as widely adopted treatment guidelines for the condition. Dr. Croft spoke to over 300 chiropractors from all over the state of North Carolina at last weekend's seminar.

Whiplash is defined as a rapid acceleration/deceleration of the head and neck commonly experienced in most motor vehicle accidents. Common complaints associated with this type of injury include: headaches, neck and back pain, shoulder pain, arm and leg pain, dizziness, nausea, fatigue or weakness. "The cost of treatment and lost wages are in the billions of dollars every year," stated Dr. O'Donahue. "Early detection is the key to prevent long term pain and disability."

For more information on whiplash, Dr. James O'Donahue and Brone • O'Donahue Chiropractic, please visit his website www.broneodonahuechiropractic.com or call at 252-756-0837.

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